

**Vol - 7**

**January - February 2025**



# **CIS HERALD**

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# Newsletter

## Events in February



### PRIMARY SECTION

**10.02.25 – 14.02.25 (Monday - Friday) - STEAM WEEK For Grades Pre Nursery To Upper Nursery**

**28.02.25 (Friday) - National Science Day**

### JUNIOR SECTION

**03.02.25 - 05. 02.25 (Monday - Wednesday) - Inter House Basketball Tournament for Girls – Grade 3-5**

**4.02.25 (Wednesday) - Excursion Assembly – Grade 1**

**05.02.25 (Wednesday) - Conversations on Gender and Body - Grade 4**

**07.02.25 (Friday) - Excursion Assembly – Grade 5**

**10.02.25 – 14.02.25 (Monday to Friday) - Creative Writing Contest – Grade 1- 5**

**12.02.25 (Wednesday) - Excursion Assembly – Grade 4**

**14.02.25 (Friday) - Excursion Assembly – Grade 3**

**17.02.25 - 21 .02.25 (Monday - Friday) - Junior Section Inter House Cricket Matches**

**17.02.25 - 21.02.25 (Monday - Friday) - Junior Section Inter House Throwball Tournament for Girls**

**19.02.25 (Wednesday) - Assembly – Grade 2**

**20.02.25 (Thursday) - Parent – Child Collaboration – Grades 1-3**

**21.02.25 (Friday) - Parent – Child Collaboration – Grades 4 & 5**

**22.02.25 (Saturday) - ECA Football Friendly Match – Junior School**

**24.02.25 – 28.02.25 (Monday – Friday) - Junior Section Inter House Throwball Tournament for Boys**

**26.02.25 - 27.02.25 (Wednesday and Thursday) - Junior Section Inter House Cricket Matches**

**28.02.25 (Friday) - National Science Day**



# Welcoming the New Year

## Grade Nursery Craft their Unique Calendars

The students of Grade Nursery started the New Year by "opening the box of the year" and crafting their very own calendar. Each child expressed their joy of learning and showcased their artistic talent by drawing pictures for each month, making the calendar a colourful and meaningful creation.



Grade Nursery A



Grade Nursery B



# Celebrating Achievements on Hindi Diwas

## Grade Upper Nursery

On the occasion of Hindi Diwas, the students of Grade Upper Nursery, Atharv Jeloka and Ayra Jeloka demonstrated their linguistic skills by participating in a Hindi recitation competition at Rotary Sadan on 5th January 2025, fostering a love for the Hindi language.

Atharv Jeloka received the prestigious 'Jai Shankar Award' for his outstanding performance.

Additionally, Shivika Bagri was honored with the 'Humming Bird' trophy for her consistent excellence in singing and reciting 'Slokas' at an event organized by 'Sanskriti' on 12th January 2025.





# A Joyful Exploration

## Celebrating Orange Day in Grade Pre Nursery

On a delightful winter morning, the students of Grade Pre-Nursery joyfully celebrated ‘Orange Day’ dressed in vibrant shades of orange. They engaged their senses as they explored the oranges in front of them, connecting it to the phonic sound /o/. Running their fingers over the skin, they felt its texture - smooth or rough - using their sense of touch. With enthusiasm, they inhaled the citrusy scent, deciding whether it was sweet or sour. Demonstrating fine motor skills, the young learners carefully peeled their oranges, skillfully revealing the juicy segments inside. Laughter filled the air as some enjoyed the sensation of juice trickling down their fingers.

Finally, the students savoured the slices, creating a sense of camaraderie through shared moments of quiet conversation. This celebration not only immersed them in sensory experiences but also encouraged sharing and social interaction among friends.



Grade Pre Nursery A

Grade Pre Nursery B



# Relax, Reconnect, Recharge

## Celebrating Together at the Staff Picnic

The much-awaited staff picnic took place on January 7th aboard the magnificent MV Sumangal Cruise, offering a perfect blend of relaxation and camaraderie. The day began with cheerful boarding, as excitement filled the air. As the cruise took off from Baboo Ghat and sailed along scenic waters, staff members enjoyed their time by talking to their colleagues and playing team games like Antakshari. The stunning views and refreshing breeze created a serene ambiance. Sumptuous food and beverages added to the joy of the day.

The day concluded with heartfelt conversations and group photos, leaving everyone rejuvenated, motivated and united for the year ahead.



Teachers of the Junior Section on the cruise



# Words Come to Life

## An Author Visit Experience

An engaging and successful author session was conducted on Monday, 13th January 2025, featuring Shobha Tharoor Srinivasan, an acclaimed author and award-winning voice-over artist. The session was organized for students of Grades 3 to 5.



The event aimed to inspire young minds and introduce them to the world of literature. Mrs. Tharoor Srinivasan shared her experiences as an author, her creative journey, and insights into her books. She spoke about the art of crafting a 100-word story, sharing tips on writing with brevity and impact and read a 100-word story aloud, enchanting the students with her expressive narration.

She also drew fascinating parallels between folk tales from different countries, illustrating how the same story is narrated across various languages and cultures. Her storytelling techniques and personal anecdotes inspired students, fostering an appreciation for reading and writing.



The students actively participated, posing thoughtful questions and expressing curiosity about her works, the writing process and the cultural nuances of storytelling.

Additionally, a Book Fair held in the Atrium from 9th to 11th January showcased Shobha's works alongside other titles, offering a delightful experience for book lovers.









# Lessons in the Real World

## The School Excursion Experience

### Grade 2

On January 14th, Grade 2 students embarked on an exciting trip to the Agri-Horticultural Society. Their first stop was the stunning Rose Garden, where they marveled at the diverse array of flowers and took note of their unique names.



Next, they visited the greenhouse, gaining insight into the specialized environments required by fragile plants to thrive. The succulent section proved fascinating, with students discovering flowers blooming on cacti amidst the thorns. In the vegetable section, students spotted seasonal produce growing on plants, including zucchini and lettuce. Afterwards, they enjoyed recreational time in the park, utilizing the playground equipment and playing football in the field. The trip was a resounding success, offering a unique blend of education and enjoyment amidst the gardens' vibrant flowers, diverse plants, and trees.





# Lessons in the Real World

## The School Excursion Experience

### Grade 3

Grade 3 went for their educational school trip to the Mini Zoo and Japanese Forest at Ecopark, Newtown on 15th January. It was an enriching experience. Surrounded by lush greenery, the Mini Zoo delighted the children with a variety of animals and birds, including exotic species. Students enthusiastically observed the behaviors of the creatures, noting down intently, information about them. The serene Japanese Forest, with its traditional landscape, bamboo groves and the beautiful monastery offered a glimpse into Japanese culture and aesthetics. The children learnt an interesting story that an old sculpture of Lord Buddha was found during the developmental work at Ecopark. Walking along the winding paths, they marveled at the harmony of nature and design. The trip was both educational and refreshing for the Grade 3 students, fostering curiosity and appreciation for nature and global cultures.





# Lessons in the Real World

## The School Excursion Experience

### Grade 4

On January 15th, 2025, Grade 4 students visited the Solar Dome, an educational centre focused on renewable energy and environmental awareness. Excited for the trip, they carried notepads to record their learnings. The Solar dome, a geodesic structure, made of solar panels and surrounded by gardens, showcased solar power and sustainability. On arrival, the students were warmly greeted by friendly staff members who explained to the students what they would learn during their visit. Guided tours highlighted renewable energy sources, smart cities, and environmental challenges like climate change and pollution. Interactive exhibits demonstrated practical uses of solar and other green energy. The students enjoyed learning about conservation and left inspired to adopt sustainable practices. The excursion helped to connect their science lessons to real-world applications. It was a day that inspired curiosity, sparked imagination, and fostered a sense of responsibility towards the planet—values that the students will carry with them for years to come.





# Lessons in the Real World

## The School Excursion Experience

### Grade 5

The Grade 5 excursion to Jorasanko Thakurbari and Marble Palace was a memorable experience. The students enjoyed a lively bus ride, singing songs and spotting landmarks like the Indian Museum, Tipu Sultan Mosque, and Nakoda Masjid. At Jorasanko Thakurbari, they explored Rabindranath Tagore's life, visiting his dining room, sitting area, and the rooms marking his birth and passing. The Bengal School of Art gallery fascinated them with works by renowned artists, igniting their curiosity.



The walk to Marble Palace added excitement to the day. The students were awestruck by its grandeur, including exquisite art, statues, and chandeliers. Guided by Mrs. Sujata Mahapatra, and Mrs. Sucheta Mallik, they learned about the palace's history. The private zoo, India's first, captivated them with its birds and animals.



# Lessons in the Real World

## The School Excursion Experience

### Grade 5

After playing and lunching on the lush lawns, the students returned to Jorasanko. Their journey back to school was filled with joy and laughter.





# The Art of Writing Beautifully

## English Handwriting Challenge

The English Department recently organised the Handwriting Challenge, an event aimed at promoting good handwriting habits among students. Held on January 17, 2025, the challenge was open to students of Grades 1 to 5. The winners of the challenge were awarded e-certificates.



Grade 1A



Grade 1B



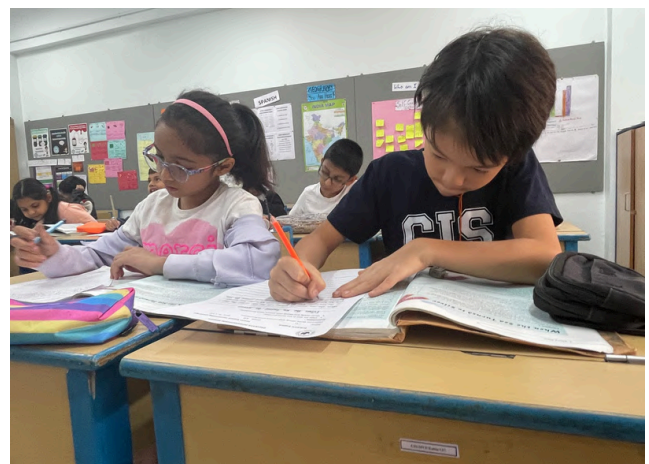
Grade 2A



Grade 2B



Grade 3A



Grade 3B



# The Art of Writing Beautifully

## English Handwriting Challenge



Grade 4A



Grade 4B



Grade 5A



Grade 5B



# A Creative Fusion of Art and Technology

## Grade 4 and 5 ICT Workshop

An exciting ICT Workshop took place on the 20th and 21st of January, 2025 for Grade 4 and Grade 5 students, where they explored the innovative intersection of technology and art. The students presented their incredible projects to their parents on 22nd January, leaving everyone highly impressed with their creativity and technical skills. The workshop was conducted under the able guidance of the facilitators of Edutech and the supervision of the subject teachers in school.

Grade 4 students worked on a series of interactive and sensory-rich projects that blended technology with everyday objects. They created greeting cards with working circuits, using copper tape, LEDs and batteries. They also used everyday objects as sensors by connecting it to a touch board that produced different sounds on being touched. The final project involved creation of art posters with conductive paint. When touched, these posters triggered sound effects, such as birds chirping and water flowing, creating a multi-sensory experience that demonstrated the power of technology in storytelling through art.





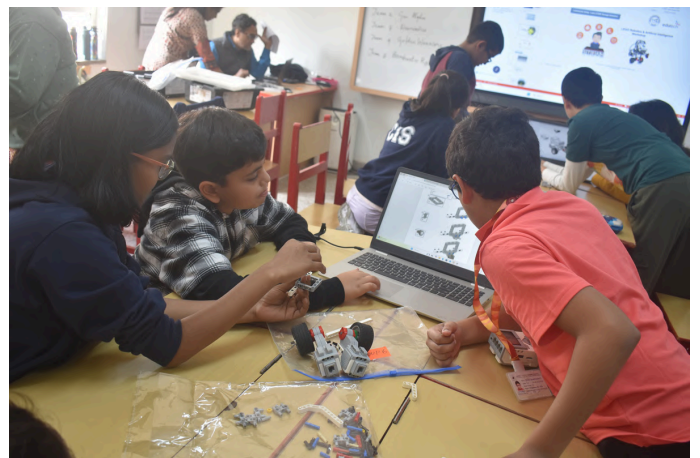
# A Creative Fusion of Art and Technology

## Grade 4 and 5 ICT Workshop



### Grade 4

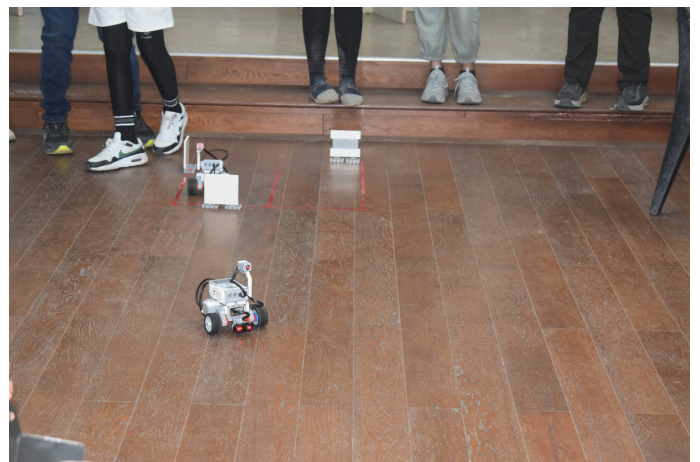
The grade 5 students indulged in Lego Robotics and AI-ML (artificial intelligence and machine learning) workshops. Students also worked on the LEGO Mindstorms coding platform to program the robots with AI-ML algorithms. Students immensely enjoyed the workshop and took keen interest in the hands-on experience of constructing the robot and programming it. The workshop encouraged them to use their theoretical knowledge of AI, and programming in Scratch which has been done in class. The workshop culminated with a showcase where the groups demonstrated how the robots functioned using the AI-ML algorithms for motion, obstacle detection, and color sensing.





# A Creative Fusion of Art and Technology

## Grade 4 and 5 ICT Workshop



### Grade 5

The presentation was attended by the parents of grade 4 and 5 who expressed their candid amazement at the work done by the students. They appreciated the initiative taken by the school to enable the students to learn such relevant and complex concepts through play. Both the parents and the students expressed their wish that more such workshops are done in the future.





# Accepting Differences

## Counsellors' session with Grade 1

On 22nd January 2025, the school counsellors Mrs. Farishta Dastur Mukerji and Mrs. Sukonna Halder conducted a session on "Accepting Differences" with the students of Grade 1 which aimed to foster inclusivity, empathy, and understanding. The session included an interactive activity in the form of a "Same and Different" game where students identified commonalities and differences among themselves. Students shared similarities and differences based on their interests, how they look, languages they speak, hobbies, family structures, gender, skin colour etc., and celebrated how unique and special each preference was. This helped them see that differences are the norm, and valuable. The session also incorporated a short video on accepting differences followed by a discussion encouraging students to appreciate one another's contributions. The session concluded with a simple message: "It's okay to be different, and it's great to accept others just as they are." The children participated enthusiastically, and the session successfully laid the foundation for building a more inclusive classroom environment.





# Body Awareness

## Counsellors' session with Grade 3



The school counsellors conducted a session with Grade 3 students on 'Body Awareness' focusing on pre-puberty. The session aimed to provide age-appropriate information about physical and emotional changes in the body. This created a space to normalize these changes while creating an open, supportive environment for the students to ask questions and express their thoughts. The discussion included topics such as body changes and emotional shifts that can occur during this stage. The focus was on promoting body awareness, self-respect, and the importance of understanding and respecting personal boundaries. Our goal was to provide a foundation of knowledge that will help students feel more confident and informed as they approach puberty.



# Puberty Session

## Counsellors' session with Grade 5

A few months after the initial session on Adjusting with Puberty, the school counsellors conducted a follow-up session with Grade 5 students to reinforce their understanding of pubertal changes. This revisit provided an opportunity for students to reflect on their experiences since the first session and address any new questions or concerns that had emerged.

The counselors encouraged open discussions, helping students build on their knowledge and continue feeling comfortable with the changes they are going through. The session also emphasized empathy, revisiting the importance of supporting one another and fostering a judgment-free environment among peers.

Students actively participated in a group quiz, which enabled students to reinforce their knowledge on the topic. The session served as a valuable reminder of the importance of understanding and mutual respect during this transitional phase.



Grade 5 girls' session



Grade 5 boys' session



# Awareness Program on Neurodiversity and Early Intervention

On January 14 th 2025 SEN dept of Junior school hosted an event on Understanding and Embracing Neurodiversity to raise awareness and promote a deeper understanding of neurodiversity amongst the parents . The event provided a platform to discuss the diverse ways people think, learn, and experience the world challenging stereotypes and promoting inclusivity.

The session began with an insightful keynote by guest speaker, Dr. Amrita Panda, a renowned Rehabilitation Psychologist , founder and managing director of Deep Ranjani Foundation and a prominent advocate for neurodiversity who shared insights on the importance of recognizing and valuing neurodivergent individuals in the society. The speaker highlighted the conditions and signs, emphasized on the need for a shift in perception, highlighting that the conditions such as autism, ADHD, Specific Learning Difficulties and others are not deficits but rather variations in human cognition that can offer unique strengths and perspectives.



The speaker discussed various aspects of neurodiversity including the challenges faced by neurodivergent individuals. Few effective strategies for creating inclusive environments, and the role of the society in fostering acceptance and support.

The interactive Q and A session provided parents an open platform to address concerns and queries directly to Ms. Panda. This segment was highly engaging, with discussions on: Identifying red flags for developmental delays. Building a supportive home environment and collaborating with schools and professionals for assessment and intervention.





# Counsellors' Session on Stress Management

On 10th January, 2025, school counsellors conducted a Stress Management workshop for all teachers of the Primary and Junior Section. The workshop enabled teachers to identify various life stressors that are experienced on a daily basis. Thereafter teachers participated in a group activity wherein they depicted their ideal stress free environment, through art.



The workshop was in keeping with the WHO theme for World Mental Health Day (2024), to promote positive mental wellbeing in the workplace. The therapeutic nature of the workshop was well appreciated by all teachers who wholeheartedly engaged in the stress release exercise which fostered a sense of comfort and rejuvenation.





# ECA Workshop

School Counsellors Farishta Dastur Mukerji and Spriha Patrononis conducted an interactive workshop for all ECA coaches as well as the sports teachers of the school on Handling Student Behaviour Outside the Classroom on 22nd January 2025. The session focused on identifying certain behaviour patterns seen in students that may emerge in the ECA space and impact the classroom and vice versa, as well as understanding the factors that may cause the same. Competition among peers, prioritizing ECA, student involvement, and a platform to put forth ECA concerns were some of the areas that the coaches expressed their views on. Coaches were equipped with strategies to manage these. The need for ECA classes to address student behaviour especially with respect to self regulation, discipline, and peer dynamics was emphasized. The sharing session was highly appreciated by all coaches alike and they have requested for such interactive exchanges in the future





# United on the Field

## A Celebration of Talent and Teamwork

On the 24th and 25th of January 2025, our Grade 3 and 4 students participated in the Accolade Inter-School Football Sports Carnival held at Howrah Union Ground. The event, conducted in a league-cum-knockout format, brought together talented young athletes from various schools to celebrate teamwork, talent, and sportsmanship.

Our students began the tournament with great zeal, securing an impressive victory in their opening match against Genius International School. Each player contributed to the team's success, with Ebrahim Shafiq earning the "Man of the Match" title for his remarkable performance.



In the semi-finals, the team faced St. Augustine Boys. Despite their spirited effort and cohesive gameplay, they were narrowly defeated in a hard-fought match.

The carnival was a valuable experience, fostering growth, resilience, and camaraderie among our players. Their dedication has made us proud, and we are confident they will reach greater heights in future tournaments.



# Shining Stars

## Celebrating Student Accomplishments

**Atharv Narshinghani** of Grade 5A won the State Tennis Championship in the under 10 category and was finalist in the under 12 category. He was awarded the Manik Goswami Memorial Challenge trophy.



The Intra-Club Gymnastics Meet, a district-level competition, took place on January 5th. **Yaachne Bikky Agarwal** of Grade 5A was placed in a group preparing for next year's State-Level Competitions. Competing in two events, she secured podium finishes in both—earning second place in Beam Exercises and claiming first place in Floor Exercises. Dedicated to her sport, Yaachne has been training consistently for the past two years, practicing at least three to four times a week. Her hard work and commitment continue to drive her progress.

**Ayra Agarwal** of Grade 4B participated in the 3rd Martial Art's Festival at Turf Excel Kolkata yesterday, under the supervision of Mr Mrityunjay Roy, the Director of ISKA (International Sports Kickboxing Association).





# Shining Stars

## Celebrating Student Accomplishments

**Dhruv D. Patodia** of Grade 4B secured the 1st position in his category at the Eastern Junior Tour Championship, 2024, held on 18th and 19th December.

Additionally, Dhruv was the overall winner in his category of last season's IGU Junior East Zone Feeder Tour for 2024 in golf. This was based on a cumulative score of over 10 tournaments played throughout the year.



**Medhaavi Kaul** of Grade 4B, participated in the Eastern Junior Tour Championship on 18th and 19th of December 2024. She came 2nd and was excited on having played her first 18 holes.

**Hridyansh Gupta** of Grade 5A participated in Taekwondo Nationals for yellow belt in Bardoli, Surat and won gold for his category. This was held on 29th Dec 2024.





# EDITORIAL TEAM

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