

**Vol - 6**

**January 2026- February 2026**



# **CIS HERALD**

**Monthly E-Magazine published by Junior School**

# Table of Contents

<b>Newsletter</b>	<b>Page 1</b>
<b>Primary Excursion</b>	<b>Page 2</b>
<b>V.I.P- Grade Upper Nursery</b>	<b>Page 5</b>
<b>Junior School Assembly</b>	<b>Page 12</b>
<b>The Handwriting Challenge</b>	<b>Page 13</b>
<b>Elocution Competition</b>	<b>Page 14</b>
<b>Grade 2 Life Skill Session conducted by counsellors</b>	<b>Page 16</b>
<b>Grade 4 Life Skills session conducted by counsellors</b>	<b>Page 17</b>
<b>Grade 5 Parent Sessions</b>	<b>Page 18</b>
<b>CIS Junior School Choir Shines at ABRSM High Scorers Concert</b>	<b>Page 19</b>
<b>Sharing Session by Grade UN teachers on Principles of Teaching</b>	<b>Page 20</b>
<b>Mathematics</b>	
<b>Sharing Session in the Humanities Department on Cambridge Online</b>	<b>Page 21</b>
<b>Participation in IIHM Young Chef Junior Semi-Finals</b>	<b>Page 22</b>
<b>Achievements</b>	<b>Page 23</b>
<b>Facilitation of Mrs Choudhary</b>	<b>Page 23</b>
<b>Workshop on Cambridge Early Years</b>	<b>Page 24</b>
<b>Teachers Professional Development Workshop</b>	<b>Page 25</b>
<b>Open House Forum</b>	<b>Page 26</b>
<b>The School Staff Picnic</b>	<b>Page 26</b>

# Newsletter

## Events in February 2026

### Primary Section

**Monday to Friday, 23.02.2026 to 27.02.2026** – National Science Day

**Wednesday, 25.02.2026** - Spring Assembly

### Junior Section

**Monday, 02.02.2026**- Class Excursion of Grade 1

**Tuesday, 03.02.2026**- Class Excursion of Grade 2

**Wednesday, 04.02.2026**- Class Excursion of Grade 3

**Thursday, 05.02.2026**- Class Excursion of Grade 4 & 5

**Monday, 09.02.2026**- Inter-house Basketball - Girls

**Tuesday, 10.02.2026**- Inter-house Basketball - Boys

**Monday to Friday, 09.02.2026 to 13.02.2026** – Author Week

**Wednesday, 11.02.2026**- Inter School Football Tournament

**Friday, 13.02.2026**- Inter-house Basketball - Girls

**Monday to Friday, 23.02.2026 to 27.02.2026** – Inter house Throw ball Tournament

- Girls

- Inter-house Cricket

**Friday – 27.02.2026**- Junior School Spring Assembly

National Science Day

**Friday – 27.02.2026**- Last Working day before Spring Break

**Monday to Sunday, 02.03.2026 to 08.03.2026**- Spring Break

# Primary- Excursion

## A Day of Fun and Learning at the Farm

Students from Pre-Nursery, Nursery, and Upper Nursery enjoyed their educational excursion to Jaipuria Motiseth Farm from January 20th to 22nd, 2026. The visits provided meaningful learning beyond the classroom as children explored farm life, interacted with animals, and observed nature closely.

The Pre-Nursery students experienced their first school outing and bus ride, delighting in feeding the cows, observing the geese, and exploring a variety of vegetables.



### Grade Pre Nursery



The students of Nursery joyfully engaged in feeding the animals, discovering plants and flowers, and learning about organic farming.

## Grade Nursery



The students of Nursery joyfully engaged in feeding the animals, discovering plants and flowers, and learning about organic farming.

## Grade Upper Nursery



Overall, the excursions were a joyful blend of learning and fun, creating lasting memories and fostering a love for nature among the young learners.

# VIP of the Day

## Moments That Matter!

### Primary Section

We believe that every student is unique and deserves to be celebrated. The VIP of the Day initiative recognizes each learner's individuality, interests, and talents. Every week, four students from each section were chosen as the Very Important People of the class.

As VIPs, students enjoy the special opportunity to take centre stage by bringing colourful charts, talking about themselves, and showcasing their talents in creative and meaningful ways. Parents are encouraged to share details about their professions, helping the young students learn about different occupations and develop respect for them, while strengthening the partnership between home and school.

The VIP of the Day project nurtures confidence, builds self-esteem, and ensures that every student feels valued. It is a joyful celebration of the little stars who make our classrooms shine.

Aadyantika Mukherjee confidently showcased a chart highlighting her personal milestones and delighted everyone with a graceful ballet presentation.



Aanshi Goyal shared her journey with confidence, displayed her hula hoop skills and made the moment special by dancing with her mother.

Aaryav Tantia clearly described the visuals on his chart and encouraged participation by leading his peers in a lively game of cricket.



Akshad Bandi delivered a lively presentation and confidently showcased his skating skills.



Aayuman Somani shared his hobbies and preferences through a chart and organised an engaging sports-themed bingo activity that actively involved his classmates.



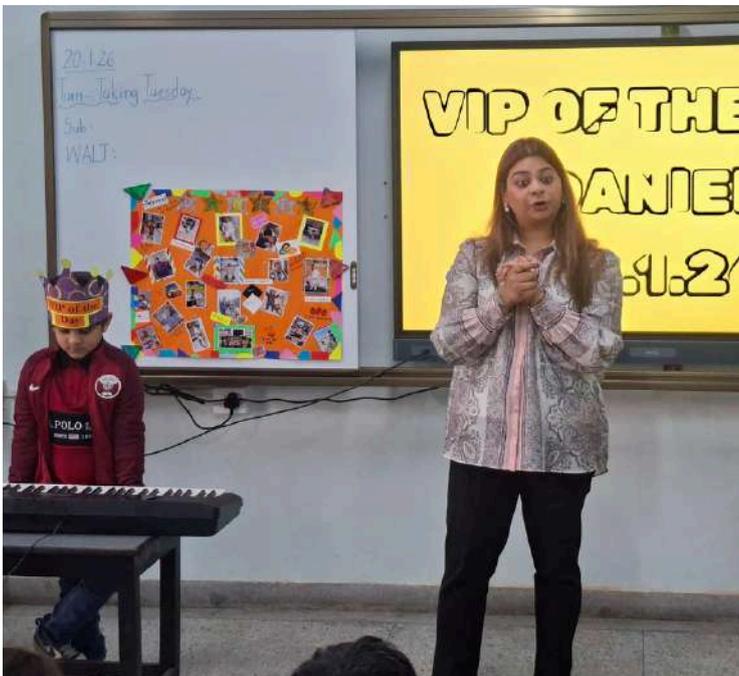
Arjun Jain impressed the audience by showcasing his karate skills and remarkable drawing talent, illustrating a car in less than a minute.



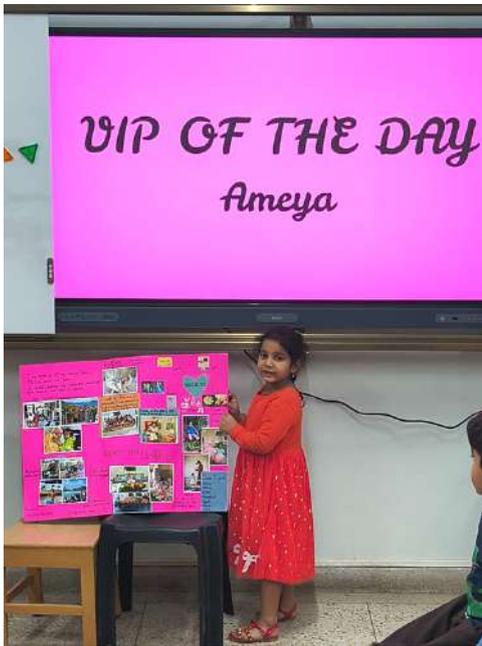
Ahaan Prashad held the attention of the audience with a melodious synthesizer recital and assisted his parents while sharing information about different varieties of tea.



Daniel Shafiq showcased his creativity through a delightful keyboard performance.



Ameya Jatia expressed her interests with clarity and mesmerised the audience through a traditional dance performance based on Guru Vandana.



Avira Bagaria mesmerised everyone with a graceful dance performance, marked by elegant expressions and a strong sense of rhythm.



Ananya Bhutoria spoke confidently about her likes and talents, impressing everyone by sharing her energetic dance routine and demonstrating flexibility through yoga poses.



Aviraj Agarwal enthusiastically presented his chart and performed a meaningful skit with his father, conveying a strong message on humans and computers.



Anaya Agarwal creatively presented her journey so far through a PPT and chart followed by a dance performance using the hula hoop.



Devvrat Kathotia confidently presented his chart and demonstrated a simple circuit experiment with clarity and enthusiasm.



# Junior School Assembly

On 7 January, the Junior School General Assembly was conducted and addressed by the Junior School Principal, Mrs Nayar. She warmly welcomed the students back after the long winter break and expressed her happiness at seeing them refreshed and enthusiastic for the new term. She also reminded the students that Term 2 would have a strong academic focus, following the completion of Sports Day and EYP activities.

She also updated the students on the new school building under construction and explained the temporary limitation of open spaces on campus. To ensure safety and smooth movement during breaks, Mrs Nayar clearly outlined the designated play areas for Classes 1 to 5. This message was reinforced by the Junior Section Head, Mrs Neelam Choudhary, and the PE teachers, Mr Samad and Mr Sinha, who spoke about playing safely in the allotted areas. Mr Samad also announced the Inter-House Basketball Tournaments to be held in the second term, which generated great enthusiasm among the students.

The assembly concluded with Mrs Nayar reiterating the school's dos and don'ts and wishing all students a happy, disciplined, and successful Term 2.



# The Handwriting Challenge

“Good handwriting is not just about beautiful letters, but about clarity of thought and pride in one’s work.”

The Handwriting Challenge was organised by the Department of English for students of Grades 1 to 5 and was conducted during English lessons on 12th January 2026. Students were assessed on neatness, letter formation, spacing and overall performance and winners were awarded e-certificates.

A new format was introduced this year to encourage consistent handwriting habits throughout the academic year. Students’ daily written work across subjects such as English, Mathematics, Social Studies/ History & Civics, and Science was evaluated, with these marks contributing to the final score under the “Overall Impression” component.

Overall, the initiative successfully reinforced the importance of neat, legible and consistent handwriting, encouraging students to take pride in their written work across all subjects.

## Grade 1



## Grade 2



## Grade 3



## Grade 4



## Grade 5

# Young Voices Shine at the Hindi Elocution Competition

CIS was ably represented by thirteen students at the Hindi Elocution Competition organised by the Ramgopal Sohini Devi Nagori Charitable Trust on Sunday, 11 January 2026, at Rotary Sadan. Held as part of a Navin Literary Gathering to commemorate World Hindi Day, the event sought to nurture an interest in Hindi language and literature while strengthening confidence and public speaking skills among young learners. The participants showcased meticulous preparation, expressive delivery and a confident stage presence. The Junior Section Head, Mrs Neelam Choudhary, attended the programme and expressed her pride in the students' poised and mature performances.



The participant list included Suryansh Mohta (UNB), Aayra Jeloka (1A), Atharv Jeloka (1B), Ashvi Bansal (1B), Krishiv Jain (1B), Jeeshna Agarwal (1B), Atharv Gupta (2B), Diya Agarwal (3A), Diya Singhvi (3A), Viaan Kedia (3A), Arohi Kedia (3B), Aisha Bansal (3B), and Aryan Newar (4B).



Several students received special recognition for their outstanding performances. Ashvi Bansal captivated the audience with her recitation of “एक शब्द कई अर्थ”, a poem authored by her father, while Atharv Jeloka was widely appreciated for his speech on “नेताजी”. They secured the first and third positions respectively in their category. Aryan Newar of Grade 4 also earned the third position for his confident presentation of “हे भारत के राम जागो” by Shyam Sundar Rawat. Atharv Gupta of Grade 2 and Diya Agarwal of Grade 3 were honoured with the Subhadra Kumari Chauhan Puraskar for their impactful poem recitations.



Suryansh Mohta of Upper Nursery B delivered a confident recitation of the Shiva Tandava Stotram, a classical Sanskrit hymn. His commendable performance earned him a trophy and a certificate.

Mrs Nayar, Junior School Principal, met the participants and applauded their efforts, encouraging them to inspire their peers to take part in similar platforms and highlighting the value of strong language and oratory skills. The event strongly reflected the school’s commitment to nurturing an appreciation for Hindi, and the participants will also be given an opportunity to present their recitations before the larger student body during a school assembly.



# Grade 2 Life Skill Session

The school counsellors, Mrs Farishta Dastur Mukerji and Ms Yashvi Thakkar, conducted classroom sessions for Grade 2 students on 12 January 2026 on the topic “Accepting Differences.”

The session began with an interactive discussion where students were encouraged to observe their classmates and identify ways in which each individual is different. Children shared both visible and invisible differences, such as body structure, likes and dislikes, family structures, languages spoken, food habits, personalities, intelligence, and personal challenges.

This led to a meaningful conversation on how we respond to and manage these differences in our daily interactions. Students expressed varied viewpoints. While some felt they might avoid or try to change someone different, others shared that they would try to adjust and accept others as they are.

The counsellors guided the students to reflect on the importance of acceptance, tolerance, kindness, and respect, helping them understand that differences are a natural and valuable part of life. To reinforce this idea, students were asked to imagine a world where everyone was the same. The children insightfully responded that such a world would be confusing and that no one would feel unique or special. It was an engaging and insightful session.



# Life skills session conducted by counsellors with Grade 4

The school counsellors, Mrs Spriha Patronobis and Ms Yashvi Thakkar, conducted a Life Skills workshop for Grade 4 students on 13th January, 2026, on the theme “Accepting Differences.”

The session began with the screening of a short video depicting a child being laughed at for wearing mismatched socks, followed by a moment of empathy when another child, wearing similar socks, approached and hugged him. This visual prompted students to reflect on what they observed, focusing on the actions and reactions of others when differences are noticed and highlighted.

Students actively shared the emotions that a child in such a situation might experience, including feeling isolated, lonely, sad, embarrassed, and disheartened. The discussion helped students recognise how being pointed out as “different” can deeply impact a person’s emotions, even when the difference may seem small.

Building on these reflections, the counsellors guided students to explore how differences exist in many forms, such as abilities, opinions, likes and dislikes, culture, language, and food preferences. It was discussed how these differences often lead to judgments, consciously or unconsciously. Students were encouraged to understand that accepting someone’s different choices, preferences, or characteristics does not make them right or wrong—it simply makes them different. It was explained that sometimes we may experience feelings of confusion or discomfort while having to accept someone different from us. In such moments, it helps to steer our focus on similarities rather than differences. Children were also encouraged to speak to a trusted adult (parent/teacher/counsellor), when such emotions surface.

The counsellors emphasised the importance of responding to differences with tolerance, openness, kindness, and respect. Students were also reminded that not everyone is able to express their feelings or discomfort openly, and some may silently struggle when they feel excluded. They were therefore encouraged to be observant and take initiative by including others, offering support, and helping peers feel accepted and valued within the group.



# Grade 5 Parent Sessions

The school counsellors conducted a workshop with parents of grade 5, on the topic 'Empowering Young Learners to Navigate Puberty', on 14th January, 2026.

The interactive session aimed at providing parents with insight about the awareness level of the children on matters related to puberty, menstruation, reproduction, and sexuality as observed during the sessions that counsellors had with the students of the grade in Term 1. Additionally, the session also focused on equipping parents with the right approach to carry forward these conversations in an age-appropriate manner at home.



Parents shared several concerns that ranged from feeling unsure about the appropriate language while conversing with their children on these topics, co-viewing content that includes intimacy, reassuring a child who may feel uncomfortable with the topic or with their own bodily changes. A fun activity wherein parents volunteered to answer some of the questions asked by students to the counsellors, enabled parents to overcome their own apprehensions and dwell on the age appropriateness of their responses.

The counsellors shared that a certain level of awkwardness was observed among the students, which was expected. They also acknowledged that parents often feel hesitant to address the topic, which can further reinforce this discomfort in students. Therefore, parents need to create safe spaces and maintain open channels of communication to help normalise these conversations, enabling students to feel more comfortable expressing their questions and concerns.



The session was well appreciated by the parent body who felt more confident and prepared to aid their young ones in navigating puberty.

# CIS Junior School Choir Shines at ABRSM High Scorers Concert

The Junior School Choir proudly represented our school at the ABRSM High Scorers Concert held at Indus Valley World School on Saturday, 10th January 2026. The event brought together young talents and seasoned musicians to celebrate excellence in music.

Our choir delivered a confident and spirited performance of Bohemian Rhapsody by Queen. The rendition was especially meaningful as it marked the 50th anniversary of this iconic song, celebrated worldwide in late 2025. The students' energy, harmony, and stage presence were warmly appreciated by the audience.

The concert featured inspiring performances by accomplished musicians, creating a rich and memorable musical experience for everyone present. Adding to the pride of the occasion, our very own Music Teacher, Mr. Tatagatha Mukherjee, was felicitated for his outstanding contribution to music.

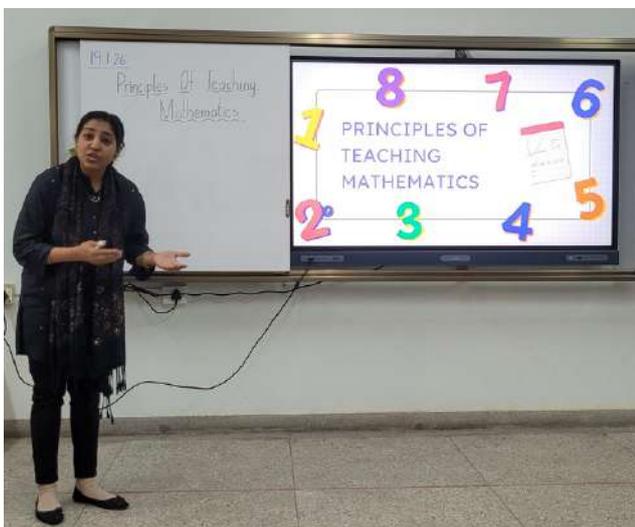
The Junior Choir's participation in this prestigious event was a moment of immense pride for the school and stood as a testament to the dedication of our students and the committed guidance of their mentors—Mr Mukherjee, Mr Mazumder, Ms Jyoti Chetri, and Ms Pritha Saha.



# Sharing Session by Grade Upper Nursery Teachers on Principles of Teaching Mathematics

The teachers of Grade Upper Nursery attended an online workshop on “*Principles of Teaching Mathematics*” conducted by Ms. Radhika Bhandari on 15th November 2025. The session focused on effective teaching strategies, including concept-based learning, WALT, age-appropriate content, hands-on activities, and assessment practices.

The key learnings from the workshop were shared with Primary teachers and Academic Heads on 19th January 2026, highlighting ways to make early mathematics learning more meaningful, effective, and child-friendly.



# Sharing Session in the Humanities

## Department on Cambridge Online Workshops

On 7 February 2025, Ms Amanda DuPratt and Ms Poulomi Banik conducted a sharing session with the Humanities Department, in the presence of Mrs Nayar and Mrs Choudhary, to share insights gained from their respective Cambridge Online workshops.

Ms DuPratt completed the workshop 'Introduction to Cambridge Primary Humanities' during June-July, while Ms Banik completed 'Getting Started with Assessment for Learning' during October-November. During the session, both educators shared key strategies and approaches gained from the workshops, along with valuable insights and ideas exchanged with fellow teachers on the online forums.

The discussion focused on practical findings from the courses and emphasized how these strategies could be effectively integrated into current classroom practices. The session provided useful guidance on enhancing teaching methodologies, promoting active learning and strengthening assessment practices within the Humanities curriculum.



# Participation in IIHM Young Chef Junior Semi-Finals

We are proud to share that the following students participated in the IIHM Young Chef India Junior Semi-Finals, held at the IIHM Global Campus, Salt Lake, Kolkata on 16th January, 2026.

Aadya Jalan – Class 5A

Saishaa Narula – Class 5A

Devyansh Shah – Class 5B

Our young chefs experienced the excitement of working in a professional IIHM kitchen, where they took part in a time-bound cooking challenge. Without carrying any ingredients or materials of their own, the students had to think creatively and prepare one main course dish and one sweet dish using only the ingredients provided at the venue. They were guided throughout the process by student chefs from IIHM, which made the experience both safe and educational.

Once the cooking was completed, the participants proudly presented their dishes to a panel of judges, sharing details about the ingredients, preparation, and presentation. The students displayed great confidence, enthusiasm, and discipline, making the event a memorable learning experience. We congratulate all the participants for their wonderful efforts and wish them continued success in future culinary adventures.



# Achievements

Congratulations to Viaan Kedia Chowdhury of class 3A, who has won a Gold Medal in sub junior male over 30kg held on 29th and 30th December, 2025 in "2025 National Beginners Taekwondo Championship" and received Participation certificate in sub junior male under 35kg held on 29th and 30th December, 2025 in "11th National Open Kyorugi & Poomsae Taekwondo Championship 2025".



# Felicitation

Heartiest

congratulations to Mrs Neelam Choudhary on being felicitated by the Ram Gopal Nagori Charitable Trust on the occasion of Hindi Diwas. This is a moment of great pride for the CIS community, and the recognition is truly well deserved.



# Workshop on Cambridge Early Years

Ms. M. Guha, Ms. R. Poddar, and Ms. T. Yadav participated in a professional development programme on 'Introducing Cambridge Early Years', conducted virtually from 13th to 16th January and facilitated by Ms. Phillipa Hines.

The workshop offered valuable insights into the Cambridge Early Years framework, emphasizing child-centered, play-based and inquiry-driven learning. The sessions strongly aligned with the philosophy of nurturing curious, confident and reflective learners.

Educators from across the globe enriched the discussions by sharing diverse perspectives and best practices, fostering a collaborative learning community. Such initiatives play a vital role in up-skilling teachers, keeping them abreast of current educational trends, and strengthening transdisciplinary, learner-centric approaches in early years teaching.



**CAMBRIDGE**

### Cambridge Early Years Curriculum - Overview

<b>Communication, Language and Literacy</b>	Communication and language; Literacy (phonics, handwriting and spelling)
<b>Creative Expression</b>	Art and design; Music; Dance, Drama
<b>Mathematics</b>	Developing a sense of number; Handling data; Shape, space and measure
<b>Personal, Social and Emotional Development</b>	Developing self-regulation; Building relationships; Developing self-confidence; Managing feelings and behaviour; Maintaining health and self-care; Developing responsibility and identity
<b>Physical Development</b>	Moving well; Understanding movement; Taking part in movement activities
<b>Understanding the World</b>	Scientific thinking; Digital technology; People, time and place

**CAMBRIDGE**

### A play-based approach

Look at the two extracts from the Curriculum Framework.

Look at the learning statements and think about playful activities to achieve them.

With your group, discuss the following questions:

- For which learning statements is it difficult to create playful activities?
- How would you approach these learning statements instead?
- For which learning statements is it easy to create playful activities?
- Can you give an example? How will you be involved in the activity?

# Teachers Professional Development Workshop

The SEN and Counselling Department of CIS organised a professional development session conducted by Dr. Reena Sen on 6th January, for all teachers of the Junior Section. The workshop focused on positive classroom management and aimed to enhance teachers' understanding of developmental expectations, neurodiversity, and inclusive classroom practices. The session began with teachers reflecting on and recording their expectations, helping to align the objectives of the workshop with classroom realities.

Through structured group activities, teachers identified age-appropriate expectations across key developmental domains - physical development, communication and language, early learning skills, and social and emotional development. Group discussions and presentations highlighted the need for shared and realistic expectations among teachers to ensure consistency and effective support for students. The session on neurodiversity and challenging behaviours encouraged teachers to analyse real classroom case studies involving both diagnosed difficulties and behavioural challenges. These discussions prompted reflection on existing student/ classroom management strategies and exploration of more supportive approaches.

The concluding segment emphasised the importance of collaboration among teachers, parents, counsellors and SEN professionals, to build a compassionate and inclusive school community. Overall, the session was insightful and meaningful, with feedback indicating that it supported reflective practice and professional growth among Junior Section teachers.



# Open House Forum

An Open House Forum was held on 10th January 2025 from 3:30 p.m. to 5:30 p.m. at the AVR, in the presence of the Management, Board of Governors, and staff. During the forum, the staff discussed concerns and matters they deemed appropriate. Another session with the parents followed.

## The School Staff Picnic

The School Staff Picnic, held on 5th January 2026 at Ozora, was a delightful and refreshing start to the new term. From the moment everyone arrived, there was a palpable sense of excitement and warmth. Laughter filled the air as colleagues reconnected after the winter vacations, sharing stories, smiles, and moments of camaraderie.

The day was beautifully complemented by lively music and enthusiastic dance, creating an atmosphere of joy and togetherness. Delicious food and refreshing drinks added to the celebration, making the experience even more enjoyable. It was heartening to see everyone unwind, bond, and celebrate the spirit of teamwork beyond the school campus. The picnic proved to be a memorable outing, leaving everyone rejuvenated and cherishing the moments spent together.



# EDITORIAL TEAM

Mrs Neelam Choudhary, Mrs Sharmila Majumdar,  
Mrs Sukanya Singhal, Mrs Tinku Yadav,  
Mrs Debika Dasgupta  
Mrs Ishmeet Mokha, Ms Shabeeha Ahmed.

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